

Pilates RETREAT in Mallorca!

Change of Date: 1-4 OCTOBER (not November)





We have 9 lovely rooms - 3 rooms with their own bath. This year it will be « first comes, first served » policy. Cas Bernats is a truly amazing place.. hard to describe. Training, trekking, relaxing, eating is on the agenda! Hope you can make it! *Cecilia*

